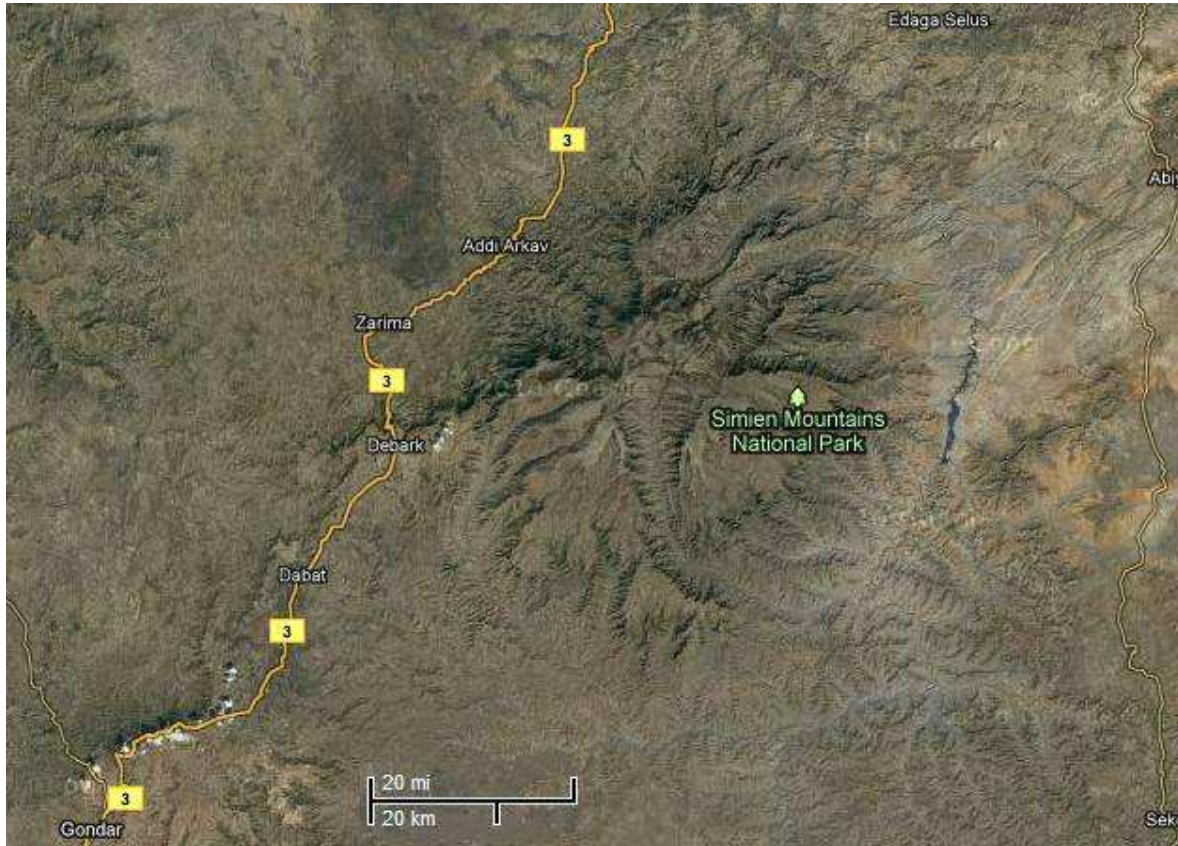


Gondar to the Simien Mountains



Medical facilities in Debarq (basic) and Gondar (hospital).

Gondar to Debarq – 5 hours by bus brockly

General Risks

Prior to days walking:

- Clear briefing will be given to group outlining any risks and risk avoidance.
- Kit check – day bags are not too heavy, carrying food and water, first aid kit, footwear and waterproofs, dry clothes.

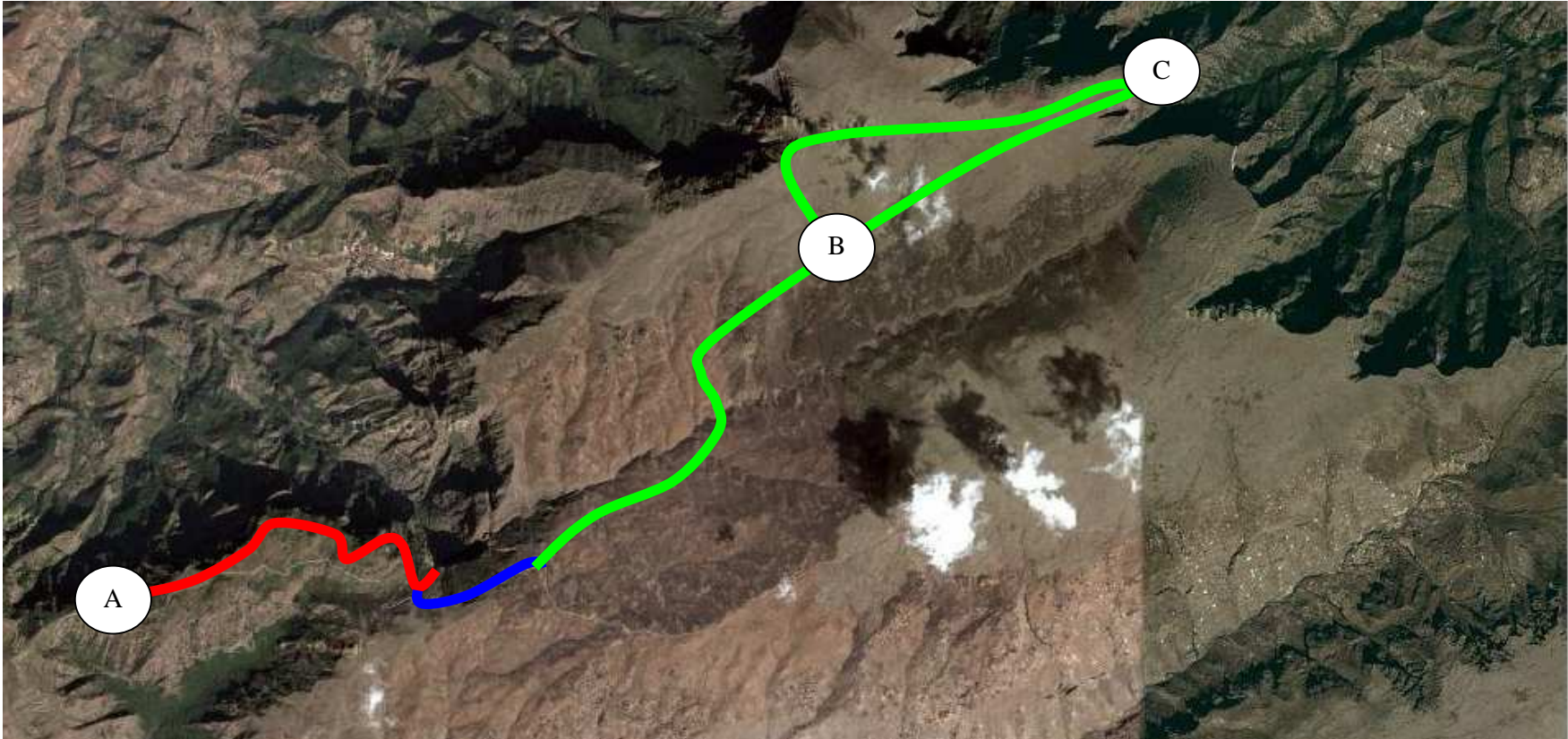
Description	Hazard	Level of risk	Precaution
Weather: Rain - At this time of year rain is very probable. Generally comes in the afternoon with dry mornings. Fog – at this time of year it can be very foggy and visibility can be poor.	Poor footing – slipping or falling.	Low	Taking alternative and safer routes if necessary.
	River crossings – rivers can rise rapidly.	Medium - High	Pre-departure river crossing training. Ropes. Always crossing high. Turn back if too dangerous.
	Getting split from group – poor visibility.	Low	Back marker.
Walking on paths: Paths are well trodden. Ground is earth.	Paths can go close (2 – 3 meters) to edge of escarpment.	Low	
Walking/climbing on rocks: There are two occasions when some small rock obstacles need to be negotiated.	Slipped - falling	Low - Medium	Bags well secured (or left behind to be collected on return). Buddying and spotting.

Altitude

All members of the group will be briefed on how to look after themselves and prevent over excursion. They will be briefed on the symptoms and signs of altitude and to look out for each other. If anyone shows signs of altitude sickness, depending on where we are, will be treated:

- Sankobar – stay for the situation to be monitored/trek abandoned and return to Debark (go low)
- On route to Geech – return to Sankobar on road. Hitch a ride/horse back to Sankobar camp.
- At Geech – here we stay for two nights. On rest day – victim rests and is monitored. Worst case scenario (hopefully problem will have been pre-empted) group return. Use of horse if required.

Route: Sankobar to Geech to Imet Gogo to Geech to Sankobar



A – Sankobar camp – (3300m)

B – Geech Camp (3500m)

C – Imet Gogo (3920m)

Day 1 – Drive to Sanobar from Debark

Day 2 – Walk Sanobar to Geech (7hrs)

Day 3 – Walk Geech to Imet Gogo to Geech (7hrs)

Day 4 – Walk to Geech to Sanobar (7hrs)

Day 5 – Drive to Debark from Sanobar

Stage 1 - Day 2 – Sankobar to road



Markers	Description	Hazard	Level of risk	Precaution
A to B	Well trodden path. One steep down section with reasonable steps. Path runs along escarpment and through bushes.	Close to edge	Low	
B to C to B	Short detour to visit viewpoint of waterfall (x)	Very small climb over rock bridge.	Low	Bags left before rock bridge. One by one.
B to D	Road.	None		

Stage 2 – Day 2 - From Road to River



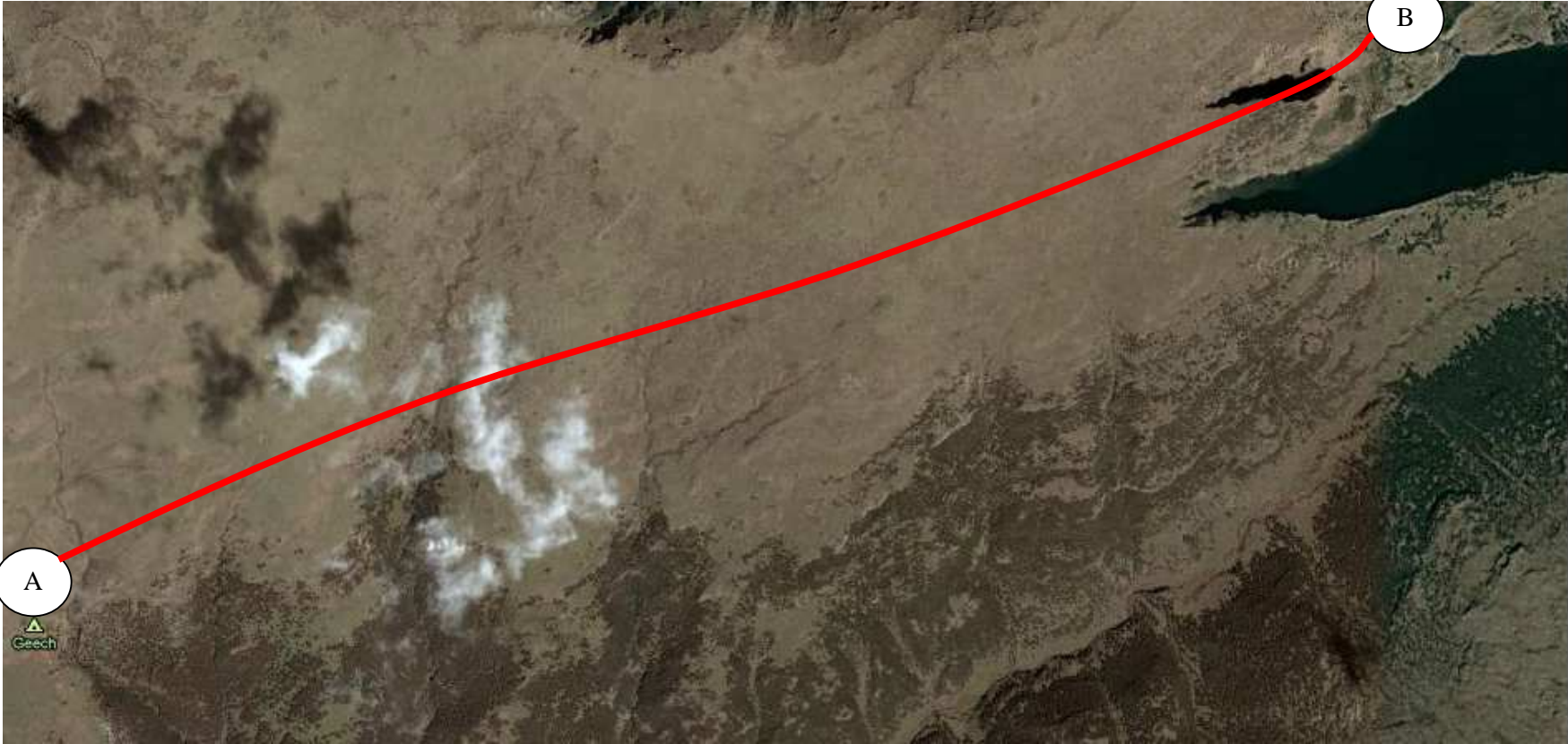
Markers	Description	Hazard	Level of risk	Precaution
B	Crossing the river Jinbar	River crossing – especially in rain as river could rise quickly	Medium – High	Crossing early (before rain) Crossing high (take advice from guide) Rope Pre-training Down water spotting.

Stage 3 – Day 2 - From River to Geech Camp



Markers	Description	Hazard	Level of risk	Precaution
B	Geech	Small rivers could become high if raining	Low	If rivers get too high, wait in village. Short distance to camp.

Stage 4 – Day 3 – Geech to Imet Gogo

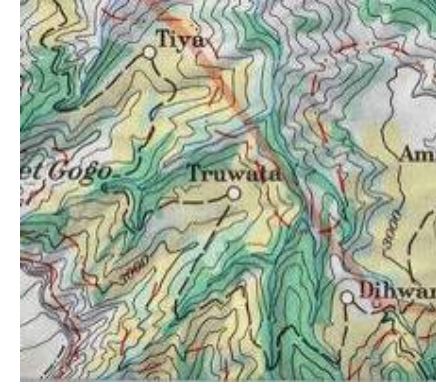


Stage 5 – Day 3 – to Imet Gogo to Geech



Markers	Description	Hazard	Level of risk	Precaution
B	Imet Gogo: Some clambering over rocks to reach viewpoint.	Slip and fall	Medium	Buddying and spotting. Bags well secured and no loose clothing, cameras etc. If weather bad turn back.

Simien Mountains



(Contours – 100m)